

Human Trafficking Q&A



A Campaign to Eliminate Modern-Day Slavery

Information from the New Jersey Coalition Against Human Trafficking

What is human trafficking?

Human trafficking is a form of modern day slavery. It is a rapidly growing criminal industry second only to drug dealing and equal in scope to arms dealing. Human trafficking involves the use of force, fraud, and/or coercion for the purpose of sexual exploitation or forced labor. New Jersey is a prime location for human trafficking because it is a major national and international transportation and shipping corridor.

Is human trafficking another word for smuggling?

No. Both are entirely separate federal crimes in the U.S. Smuggling is a crime against a country's borders, whereas human trafficking is a crime against a person. Smuggling requires illegal border crossing, but human trafficking involves commercial sex acts or labor or services that are induced through force, fraud, or coercion.

Who Are The Victims?

There is not one consistent face of a victim. Trafficked persons in the United States can be men or women, children, foreign nationals or US citizens. Some are well-educated, while others have no formal education. Trafficking is a crime that cuts across race, nationality, gender, age, and socioeconomic background. They fall into three categories:

- Sex trafficking – Victims of sex trafficking can be found working for massage parlors, brothels, strip clubs, escort services and on the street. They may be children, teenagers or adults lured by false promises and ultimately forced into prostitution.

- Labor trafficking – Victims of labor trafficking can be found in many types of domestic and nondomestic situations. They work as nannies and maids, in sweatshops, janitorial jobs, restaurants, hair and nail salons, in street sales and on construction sites and farms. The victims are trapped in to a cycle of debt, forcing them into involuntary servitude, debt bondage and slavery.

- Minors – More than 50% of victims are estimated to be under the age of 18. Under U.S. law, any person under 18 involved in the commercial sex industry is considered a human trafficking victim.

While anyone can become a victim of trafficking, certain populations are especially vulnerable, including: undocumented immigrants; runaway and homeless youth; and oppressed, marginalized, and/or impoverished groups and individuals. Traffickers specifically target individuals in these populations because they are vulnerable to recruitment tactics and methods of control.

Is human trafficking illegal?

Human trafficking is a crime under international, federal and state law. In the U.S., the Trafficking Victims Protection Act (TVPA) of 2000 is the first comprehensive federal law to address trafficking in persons. The law provides a three-pronged approach that includes prevention, protection, and prosecution. The federal definition of human trafficking includes both U.S. citizens and foreign nationals – both are protected under the federal trafficking law and

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**State Board Meeting
Saturday,
February 8
Monmouth University
Magill Commons,
Club Dining Room
W. Long Branch, NJ
Breakfast Meeting
Look inside
for details &
registration form**

In This Issue

- Board Meeting Info & Registration Form
- Guest Speaker: HP & Women in Technology
- PR Tips for Your Local
- Important Dates
- Member News

President's Message



We are all starting out a New Year with many different focuses. It's surprising to see if we start with ourselves; being kind to our bodies and spirits. We tend to neglect ourselves and put our family members and loved ones first. Many times we do not realize that we too need some self care and nurturing. How can we do this? Sometimes this is easy, sometimes not! Do we reach for a good book to relax ourselves, take a walk or reach for a glass of wine, or something stronger...hummmm, what works best?

We women multitask through our days; checking emails, tweets, etc. as we eat breakfast and get ready to start our day. We've already started when our feet hit the floor! If we have kids at home, are they up on time, fed and out the door? What about car pooling, or getting them to the bus stop? Is there someone to back us up if we can't do this job, or any other task we may have if we're incapacitated? Who do we lean on for support besides ourselves? This can be tricky, especially if we don't have a partner to assist.

Today's modern conveniences are a blessing and a curse. How easy is it to check the weather, stocks, latest fashion—and neglect our blood pressure! And let's not talk about what we indulge in with calories. How about checking out what we really need, require to function at 100%. You all know I am not a doctor or nurse, or an Indian chief...just one of you, looking at what I do to nurture and take care of myself. My challenge is to watch what I do, keeping a steady pace without overdoing it in all directions. My secret is getting enough sleep. This helps me focus better, be more aware of my surroundings referring to people and places and to genuinely have a natural boost at the beginning of the day. With enough sleep I can feel accomplished at the end of the day. Although some days are more challenging, I have a tendency to think out of the box and find solutions faster

than some of my associates. Does sleep help me? I think so. I am sharper to recognize what and how I react, and take care of myself.

And, I remember to take my vitamins every day! Another boost to the body and brain...this took me awhile to comprehend. After seeing the results in one month I'm on my morning game to remember to take the vitamins!

One issue I feel we all excel at is overextending ourselves. We love to say yes, but can not always fulfill these obligations. Is this an individual issue, or a women's issue? Somehow, not meaning to "man bash," but do men do this? They seem to have a way of talking us into doing more and more. Enough about them!

Here's to not overextending ourselves, and taking better care of ourselves for 2014! Look into yourself and check out what you need. Only YOU know what that is, and when it's found, watch out world....you'll be on top of it!

Ladies, enjoy 2014!!

Cyndy Friedland
BPWNJ President

HELP NEEDED IN BPWNJ

We are in need of an individual with a health background to be our Team Leader for Woman's Health. Gloria Pierce's are big shoes to fill. However, if you are someone who can answer questions, give us updates on lifestyles, tips on medications, preventative measures, and even holistic health, please consider volunteering for this position.

In addition, our long-time Voice editor Lauren Berman will retire from this position at the end of this year. Lauren will assist the new editor in setting up templates in Word to enable someone to continue to publish the Voice 3 time per year.

Please email Cyndy at cfriedland119@comcast.net, or you can use the "Contact Us" box on the website. Thank You!

IMPORTANT: BYLAWS AMENDMENTS

The deadline to submit changes to our BPWNJ bylaws is February 1st. Proposed changes must be presented at the February Board meeting to be considered for a

vote at our Annual Conference in May. Please submit any proposed Bylaws Amendments to Bylaws Chair Carol Lieber via email, mopmopl@aol.com

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Lauren Simeone Berman, Editor

LESimeone@verizon.net

BPW/NJ

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(Human Trafficking - cont. from page 1)

have been since passage of the Trafficking Victims Protection Act of 2000. Human trafficking encompasses both transnational trafficking that crosses borders and domestic or internal trafficking that occurs within a country.

Is human trafficking a crime that must involve some form of travel, transportation, or movement across state or national borders?

No. Although the word ‘trafficking’ sounds like movement, the federal definition of human trafficking in the U.S. does not require transportation. In other words, transportation may or may not be involved in the crime of human trafficking, and it is not a required component.

Does physical violence have to be involved in human trafficking cases?

No. Under federal law, an individual who uses physical or psychological violence to force someone into labor or services or into commercial sex acts is considered a human trafficker. Some victims experience beatings, rape, and other forms of physical violence, and many victims are controlled by traffickers through psychological means, such as threats of violence, manipulation, and lies. In many cases, traffickers use a combination of direct violence and mental abuse.

How many human trafficking victims are there in the U.S.

Due to the covert nature of the crime and high levels of under-reporting, the total number of victims of human trafficking within the United States is still being researched by the government and academic researchers. Human trafficking is estimated to claim up to 20 million victims worldwide, 150,000 in the United States, yet only 179 cases of sex and labor trafficking has been reported in New Jersey. Under-reporting is one of the many reasons it is important to report suspicions to the national hotline, 888-3737-888.

Does Human Trafficking Affect Our Children?

Trafficking can involve school-age children—particularly those not living with their parents—who are vulnerable

to coerced labor exploitation, domestic servitude, or commercial sexual exploitation (i.e., prostitution). Sex traffickers target children because of their vulnerability and gullibility, as well as the market demand for young victims. Those who recruit minors into prostitution violate federal anti-trafficking laws, even if there is no coercion or movement across state lines. The children at risk are not just high school students—studies demonstrate that pimps prey on victims as young as 12. Traffickers have been reported targeting their minor victims through telephone chat-lines, clubs, on the street, through friends, and at malls, as well as using girls to recruit other girls at schools and afterschool programs.

Do victims of human trafficking self-identify as a victim of a crime and ask for help immediately?

Often no. Victims of human trafficking often do not seek help immediately, due to lack of trust, self-blame, or being directly trained by traffickers to distrust authorities. Many victims trafficked into the U.S. do not speak or understand English and are unable to ask for help.

Does human trafficking only occur in illegal underground industries?

While human trafficking does occur in illegal and underground markets, it can also occur in legal and legitimate settings. For example, common locations of human trafficking include private homes, hotels, nail and hair salons, restaurants, bars, strip clubs, and fake massage businesses.

Is pimping a form of sex trafficking?

If certain behaviors and elements of control are present, yes, it can be. In the Trafficking Victims Protection Act of 2000, a severe form of sex trafficking is a crime in which a commercial sex act is induced by force, fraud, or coercion, or in which the person induced to perform such an act has not attained 18 years of age. Pimps, who are motivated by the opportunity to make money, sell women and girls in the commercial sex industry by using numerous methods to gain control over their bodies and minds. Many of these behaviors directly meet the definitions of force, fraud, or coercion that are the central elements of

the crime of human trafficking.

What Can You Do to Stop Human Trafficking?

We can all play an important part in stopping human trafficking in our community, state, and around the world. We encourage you to:

- Educate yourself, your family, and your community, about human trafficking. Bring in a speaker, host a book club or movie night.
- Advocate for national and state policies and legislation directed toward abolishing trafficking.
- Encourage your town to issue a proclamation in support of Human Trafficking Awareness Day on January 11.
- Give time and money to organizations that fight trafficking and provide services to survivors.
- Ensure the National Human Trafficking Resource Center flyer is posted in strategic locations and share the number, 888-3737-888.

Community awareness of how to identify potential trafficking situations can be the difference between slavery and freedom.

Compiled from information from the Polaris Project.

Important Dates 2014

Saturday, January 4

Exec. Committee Meeting

Saturday, February 8

State Board Meeting

April (date TBD)

Exec. Committee Meeting

Saturday, May 17

95th Annual Conference

BPWNJ VP Gwen Evans, Head of Brookdale Student Health Center, Retires After 40 Years of Service

As reported in The Stall, the student newspaper of Brookdale Community College in Lincroft, the Brookdale Student Health Center closed for good on January 2, 2014. The precipitating event was the decision by long-time Health Center Nurse Gwendolyn Evans to retire after 40 years of service to the college. Gwen is BPW/NJ's Vice President.

According to Brookdale's Dean of Enrollment, Development and Student Affairs, Richard J. Pfeiffer, the closing of the Student Health center was primarily a financial issue. The Center offered students access to basic healthcare needs, such as bandages and aspirin. In addition, Nurse Evans would organize seminars to better educate students on various health-relat-

ed issues. Dean Pfeiffer said that these services would most likely continue to be offered. He stated that the Nursing Student Organization might offer to provide students with some of the services that Nurse Evans had been providing, such as blood pressure and diabetes screenings.

Asked what Brookdale would lose as a result of the closing of the Health Center, Dean Pfeiffer said, "The most significant loss to the college is a 40-year veteran who is part of the fabric of this college. You can never replace that kind of dedication and history. Gwen cared deeply about our students, and that's a tough thing to lose."

(Adapted from an article by John D'Amico, The Stall, Dec. 5, 2013)



February Board Meeting Guest Speaker Gina Dinkey: How HP is Helping Women in the Technological Workforce

Our guest speaker at the February 8th

meeting will be Gina Dinkey, a member of BPW of Southern Ocean County. Gina moved to Barnegat this year, and works for Hewlett Packard as a Global Support Product Manager. Her responsibilities include Release Cycle Planning, Technical Enablement, Product Communication, and Support Optimization, while driving supportability, quality and usability of products.

Gina will be speaking to us on how HP is working to infuse and promote women into the workforce fields of technology, science and math. Her skills have taken her to assist in an acquisition in Frimley, England and throughout the United States to mentor team members and attend various leadership meetings. Her Ambassador role includes educating females to have determination, to stand up for themselves and not to be afraid in the work place. Helping to create

diversity; adapting to different mindsets and policies; sponsoring key development programs to prepare diverse top talent for career advancement and professional growth; having an Executive Presence; branding yourself—these are a few of the topics that Gina will be addressing.

Since 1996 Gina has been involved in the technical industry. In 2004 Hewlett Packard took over the company Gina was working for, and she has been on the go for them ever since, becoming a teleworker in 2010.

Gina has been married for 22 years and has a 20-year-old son. In her down time she enjoys watching the New York sports teams, participating in yoga, walking and biking along the trails near her home. We are pleased to have her as member of our organization and look forward to hearing her speak on how we can assist women's progress in the work-place.

Publicity for Your Local

Our **Career Development Awards** are a great way to get the word out about BPWNJ. In late January a sample press release will be emailed to all Local Organizations Presidents. LO's can modify this release to include information such as when and where they meet, and then submit it to both print and online media. BPWNJ will also be sending out a press release regarding the availability of these scholarship awards. This is a great way to show that **BPW is Women Helping Women**. Be sure to take advantage of this opportunity!

We also have a great website—bpwnj.com. Use this resource! You can publicize your Local Organization's meetings, fundraisers, accomplishments of your members, etc. Contact our State President Cyndy Friedland with any information you would like to have posted. Feel free to contact me with questions or suggestions.

—Susan Mennella, Publicity Chair
smennella@verizon.net, 973-822-2743.

Microsoft To Stop Supporting Windows XP on April 8, 2014

All computers require an operating system. Without one, your computer would not function or boot up. Windows XP was first released on August 24, 2001 and has been one of the best running operating systems, compared to its predecessors. But Microsoft and other software companies want to move forward by creating better software to run our computers, and like it or not, we must follow suit.

"End of Support" means the end of updates, including security updates. Therefore, if and when an "exploit" (this is a program that can attack your computer by taking advantage of a vulnerability in a web browser, software application or operating system) is found after the end date, it will not get patched, or fixed. Gradually, Windows XP will become less and less secure.

You could see if your present computer's hardware will allow for an upgrade of the operating system. Or you can buy a new computer with Windows 8. Feel free to contact me, or check with your PC technician to see what may be best option for you.

—a PC Tip from Lisa Gambino, BPW SOC
email: lisa@a2zcomputerhelp.com
www.A2ZComputerHelp.com

Directions to Monmouth University

1.) From the Garden State Parkway: Take Exit 105. Follow ramp onto Rte. 36 East. Continue on Rte. 36 East about three miles to Route 71 South. Go about one mile; Route 71 forks left and becomes Cedar Ave. Follow Route 71/Cedar Ave. for about 1/2 mile. Continue on 71 South past the traffic light for Larchwood Ave. Proceed past the first entrance to the University, which is on your right. About 200 feet past the first entrance, turn right at the wrought iron gates and go up the main driveway. Visitor parking (Lot 11) is on the

left, slightly past Wilson Hall.

2.) From the South via NJ Turnpike: Turnpike North to Exit 7A. After the toll, take I-195 East to Shore Points. Approaching Belmar, I-195 becomes NJ Rte. 138. After crossing the GS Parkway, exit right to NJ Rte. 18 North, Eatontown. Take the Deal Rd. exit and drive east to the intersection at Monmouth Rd. Turn left and proceed to the third traffic light, which is Cedar Ave. Turn right onto Cedar (also marked NJ Rte. 71 South). Follow Rte. 71/Cedar Ave. for about 1/2 mile. Continue on 71 South past the traffic light for Larchwood Avenue. Proceed past the first entrance to the University,

which is on your right. About 200 feet past the first entrance, turn right at the wrought iron gates and go up the main driveway. Visitor parking (Lot 11) is on the left, slightly past Wilson Hall.

3.) From the North via NJ Turnpike: Take Turnpike South to Exit 11 (Garden State Parkway South). Take Exit 105 and follow directions outlined in #1 above.

From Trenton and Points West: Take I-195 East, and follow directions outlined in #2 above.

From the Freehold Area: Take US Route 9 South to I-195 East. Follow directions outlined in #2 above.

Business & Professional Women / New Jersey Inc.

STATE BOARD MEETING • SATURDAY, February 8, 2014

Monmouth University
Magill Commons - Club Dining Room
400 Cedar Ave., West Long Branch, NJ 07764
732-571-3400

Registration: 8:00 – 9:00 am
Breakfast: 8:00 – 9:00 am
Meeting: 9:00 – 12:00 pm

DEADLINE FOR RESERVATIONS IS FEBRUARY 1, 2014

PLEASE NOTE: There will be a \$5.00 LATE CHARGE for registrations postmarked after 2/1/14.

.....
Name _____

Last

First

Middle

Street _____

City _____ State _____ Zip _____

Home Phone _____ Business Phone _____

Local Organization Name (or Member-At-Large) _____

() *Breakfast and Board Meeting \$ 25.00*

() *Board Meeting Only \$ 5.00*

() *Late Fee (postmark after 2/1/14) \$ 5.00*

Enclosed is my check for \$ _____

(Make checks payable to: BPW/NJ)

Please send reservation form and payment to:

Penny Miller, BPWNJ Treasurer
267 Serpent Lane, Manahawkin, NJ 08050
609-978-8638
momlbi@yahoo.com

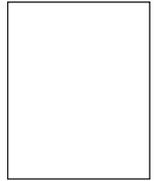
Please check appropriate box:

- () State Officer
- () Local Org. President
- () Committee Chair
- () Management Team Leader
- () BPW Member
- () Guest



Business &
Professional Women
New Jersey

Lauren S. Berman, Editor - The Voice
P.O. Box 224
Hightstown, NJ 08520



State Board Meeting

Saturday, February 8, 2014

Monmouth University

Magill Commons - Club Dining Room

West Long Branch, NJ



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-or-

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ADVERTISE IN THE VOICE

Reach your market of professional business women throughout New Jersey. Three publications per year: September, January, and April. Submit camera-ready materials to: Lauren S. Berman, Editor • P.O. Box 224 • Hightstown, NJ 08520. Send electronic files via email to LESimeone@verizon.net For info call 609-426-4490. Rates per issue as follows:

Bus. Card 3.5" x 2"	\$10/Member,	\$15/Non-member
1/4 Page 3.5" x 4.5"	\$25/Member,	\$35/Non-member
1/2 Page 7.5" x 4.5"	\$40/Member,	\$65/Non-member
Full Page 7.5" x 10"	\$60/Member,	\$90/Non-member

Deadline for payment and submission of camera-ready art: April '14 Issue (Call to Conference) 4/10/14; September '14 Issue 8/31/14



"Crafts by Lucy"

Lucy M. Tarangelo
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Bloomfield NJ 07003
973-743-4589

E-Mail: LucyLopesT@aol.com

Baby blankets, afghans, fun fur scarves, hats, kitchen towels and wedding pillows